



BULL'S EYE THE ISSF IPOD ON DOPING

LOOKING TO 2011

2010 WAS AN EXCITING AND EVENTFUL YEAR IN SHOOTING SPORT! AN OVERVIEW OF THE ISSF'S ANTI-DOPING PROGRAM FOR 2010 WILL BE PROVIDED IN THE FIRST EDITION OF THE 2011 IPOD AND WILL BE ENTITLED 2010: A YEAR IN REVIEW. IT WILL OFFER A SUMMARY OF ALL THE ACTIVITIES, INITIATIVES AND DOPING CONTROL OUTCOMES OF THIS PAST YEAR.

As 2010 is fast coming to an end, this 6th and final edition of the IPOD for this year looks ahead to 2011 and offers the following important anti-doping information in anticipation of the New Year:

- Details on ISSF Anti-Doping Rule modifications that will come into effect January 1, 2011, as approved by the ISSF Executive Committee.
- An outline of the changes to the WADA Prohibited List that will come into effect on January 1, 2011.
- An outline of the changes to the WADA International Standard for Therapeutic Use Exemptions that will also come into effect on January 1, 2011.
- A summary of projected anti-doping activities for 2011.

All shooters and shooter support personnel will be affected by these changes. Accordingly, it is of utmost importance for everyone involved in shooting sport to become aware of annual modifications to all applicable anti-doping regulations, and of all their respective responsibilities under the ISSF Anti-Doping Rules and the World Anti-Doping Code and related International Standards.

MODIFICATIONS TO THE ISSF ANTI-DOPING RULES IN FORCE AS OF JANUARY 1, 2011

NUMBER OF SHOOTERS IN THE REGISTERED TESTING POOL

In order to better reflect the doping control test distribution plan elaborated and prepared by the ISSF, article 5.6.4.1 of the Rules has been modified. The International Level Registered Testing Pool consists of the top ranked Shooters of the official ISSF World Ranking List which is published on the ISSF Internet website and updated monthly for each International Event.

As of January 1st 2011, on the 1st of each year, the International Level Registered Testing Pool shall consist of the top 5 Shooters of the official ISSF World Ranking List on that date. Once a Shooter moves into the top 5 ranked athletes of the official ISSF World Ranking List during the current calendar year, he/she will automatically be included in the International Level Registered Testing Pool for that whole calendar year and will need to submit whereabouts information to ISSF headquarters in accordance with ISSF Anti-Doping Rules and the WADA International Standard for Testing. The ISSF Registered Testing Pool previously consisted of the top ranked 10 shooters at any given time.

RETROACTIVE THERAPEUTIC USE EXEMPTIONS (TUES):

Article 5.8.1.4 of the Rules has been modified to better explain when a shooter may apply for a retroactive TUE. Specifically, a shooter will be given the opportunity to apply for a retroactive TUE if an adverse analytical finding was either the result of a necessary emergency treatment or of the treatment of an acute medical condition, or if due to exceptional circumstances there was insufficient time or opportunity for the shooter to submit, or for the ISSF TUE committee to consider, an application prior to doping control.

HEARING PROCEDURES

Although the actual process has not been altered, former articles 5.9 to 5.9.6.2 of the Rules have been reworded and modified to provide more clarity to the procedure and to ensure better understanding for the reader. As before, these provisions seek to ensure that all shooters facing disciplinary procedures will benefit from procedural fairness. They are drafted to grant all shooters with their rights of natural justice throughout any and all disciplinary procedures and are in compliance with the World Code.

DEFINITIONS

Because of minor interpretation problems in the course of doping control activities, the definitions of the terms Event, Competition,



Event Period, In-Competition and Out-Of-Competition have been slightly modified to properly reflect the reality of shooting sport within the realm of other international anti-doping activities and regulatory documents. Please visit the ISSF Anti-Doping Rules on the ISSF Website to familiarize yourselves with these modifications.

http://www.issf-sports.org/antidoping/rules_regulations.ashx

MODIFICATIONS TO THE 2011 WADA PROHIBITED LIST

The 2011 Prohibited List offers a number of changes in comparison to the 2010 List. These changes reflect the latest scientific advances and broad consensus in the anti-doping community. They are founded on expanding anti-doping knowledge, evidence from the field, and constantly growing understanding of doping practices and trends. Although we invite you to get familiar with the 2011 Prohibited List, the following are the major changes in comparison to 2010.

NON-APPROVED SUBSTANCES

A new section – “Non-Approved Substances” – has been added to the Prohibited List. This “open” section addresses the issue of the abuse of pharmacological substances for the purpose of performance enhancement that are not included in other sections of the List and that are not approved by any governmental regulatory health authority for human therapeutic use (i.e. drugs under pre-clinical or clinical development or discontinued). Any such substance will be prohibited at all times (in and out-of-competition) in 2011.

PLATELET-DERIVED PREPARATIONS

Although instances of blood doping in shooting sport are extremely rare, it must be pointed out that platelet-derived preparations (commonly referred as PRP or blood spinning), which were prohibited in 2010 when used by intra-muscular route, have been removed from the List for 2011 after consideration of the lack of current evidence concerning the use of these methods for purposes of performance enhancement.

Current studies on platelet-derived preparations do not demonstrate potential for performance enhancement beyond a potential therapeutic effect. WADA will however continue to closely monitor research results and developments of these preparations.

DECLARATION OF USE

Another noteworthy amendment is the removal of the obligation for athletes to file a Declaration of Use for specific substances that are not prohibited. In short, shooters using asthma medication no longer need to file a Declaration of Use.

MODIFICATIONS TO THE INTERNATIONAL STANDARD FOR THERAPEUTIC USE EXEMPTIONS

The only major modification brought to the International Standard for Therapeutic Use Exemptions involves Declarations of Use.

In 2010, Declarations of Use - which must be distinguished from Therapeutic Use Exemptions (allowing the use of a prohibited substance) - were made mandatory for any shooters using salbutamol and salmeterol by inhalation; glucocorticosteroids administered by intra-articular, periarticular, peritendinous, epidural, intradermal and inhalation routes; or platelet-derived preparations that are not administered by intramuscular route.

Yet, upon a finding of salbutamol and salmeterol by inhalation; glucocorticosteroids administered by intra-articular, periarticular, peritendinous, epidural, intradermal and inhalation routes; even if a shooter had failed to file a Declaration of Use, this same finding did not result in an allegation of an anti-doping rule violation. Therefore this practice was, in effect, of no use. This burdensome administrative requirement was therefore removed by WADA for 2011.

As a result, there are no longer substances or methods on the Prohibited List that require a Declaration of Use and therefore it is not necessary for shooters using salbutamol or salmeterol by inhalation or glucocorticosteroids administered by intra-articular, periarticular, peritendinous, epidural, intradermal and inhalation routes to file a Declaration of Use or to report it in ADAMS.

Please note that in accordance with the International Standard for Testing, all shooters must still declare any substance(s) they have been using on their Doping Control Forms as per usual practice and must still apply for a Therapeutic Use Exemption before using any prohibited substance.

A LOOK AHEAD TO ISSF ANTI-DOPING INITIATIVES 2011

IN-COMPETITION TESTING

In all ISSF Events, the ISSF will continue to test: all medal winners, any shooter that establishes, breaks or ties a world record, any shooter that becomes eligible to gain a Quota Place, a randomly selected member of a team that establishes, breaks or ties a World Record and any other shooter as part of random or target testing determined in conformity with ISSF Rules and the ISSF Test Distribution Plan.

OUT-OF-COMPETITION TESTING

The ISSF will of course also be vigilant about continuing to test shooters out of competition. We will carry on our practice of conducting out-of-competition testing on Registered Testing Pool athletes, in accordance with the whereabouts submissions they have timely submitted. Based on the objectives of the ISSF Test Distribution Plan, some out-of-competition testing will be conducted randomly on any given shooter at any time and at any location during training or pre-competition.

EDUCATION

The ISSF will update its website as necessary to reflect the changes in the ISSF Anti-Doping Rules and in all WADA documents. Because of the success of the Athlete Outreach Education Booth over the past two years, the ISSF will also consider organizing the on-range presence of another Athlete Outreach Booth at a given World Cup Event.

The ISSF IPOD, the Information Portal on Anti-Doping, will continue to be printed as a column in ISSF NEWS.

Finally, the ISSF will maintain its current practice of communicating with its member federations on all matters relating to anti-doping and of disseminating any important and relevant information on anti-doping as it becomes available and/or required via all available communication mediums.

Looking to 2011, the ISSF thanks you all for your continued commitment in our concerted efforts to eradicating the use of performance enhancing drugs in our sport. And, as this is the last edition of the ISSF IPOD for 2010, we thank you for reading the IPOD: YOUR source for information on anti-doping in shooting sport.

If you have any general or specific questions or concerns on anti-doping please do not hesitate to contact the ISSF Headquarters at Barbara@issf-sports.org.

Dr. James M. Lally, Chairman ISSF Medical Committee