



INTERNATIONAL SHOOTING SPORT FEDERATION
INTERNATIONALER SCHIESS-SPORTVERBAND E.V.
FÉDÉRATION INTERNATIONALE DE TIR SPORTIF
FEDERACION INTERNACIONAL DE TIRO DEPORTIVO

Additional explanation of New Pistol Grip Rule 2026

The Rule Explanation is marked with number on Picture

1.- The rear part of the frame or grip (Horn) which rests on top of the hand between the thumb and the forefinger, must not be longer than 40mm (for 10m pistol) or 30mm (for 25m Pistol) from the point where the grip first touches the top of the hand forward to the deepest part of the grip (C).

2.- The back (rear) part of the grip (horn) must be cut so that it angles upward from that point by not less than 45 degrees to center line of barrel.

3.- The curvature "D" must be in downward direction to the center line of the barrel from the deepest part of the grip and the grip must not encircle the hand. **Curvature must not raise or be parallel with the center line of the barrel at any point from the deepest part of the grip backwards. Curvature must be DOWNWARD DIRECTION!**

4.- On the side of the wrist, the end of heel rest (palm rest) must be cut by an angle of 30 degrees or more perpendicular to the end of the heel rest. **The end of heel rest can be rounded with a radius max 2mm. or smaller** to prevent injuries.

